

MOTION BY SUPERVISOR MARK RIDLEY-THOMAS

April 12, 2011

Proclaim April as Healthy Parks Month

In April, people throughout the United States will celebrate Healthy Parks Month. The Los Angeles County Department of Parks and Recreation established a “Healthy Parks Program” many years ago to educate children and families on how physical activity and healthy lifestyles can prevent the onset of obesity, heart disease, diabetes and other chronic illnesses.

Research has confirmed that prevention programs offer a significant health benefit. Park facilities maintained and operated by the Department of Parks and Recreation and its staff supports the health and wellness of Los Angeles County residents daily through nutrition classes and physical fitness programming.

I THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:

Proclaim April as “Healthy Parks Month” throughout the County of Los Angeles, recognize the Department of Parks and Recreation for its dedicated efforts to educate residents on the benefits of being healthy and staying active, and encourage all residents and employees of Los Angeles County to get outdoors, get active, and participate in Los Angeles County’s “Healthy Parks Programs”.

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MOTION

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