



COUNTY OF LOS ANGELES DEPARTMENT OF HUMAN RESOURCES

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LISA M. GARRETT
DIRECTOR OF PERSONNEL

March 7, 2012

To: Each Department Head

From: Lisa M. Garrett
Director of Personnel 

Subject: **ANNUAL DIABETES EXPO ON MARCH 17, 2012**

As directed by the Board of Supervisors, this information regarding the upcoming Diabetes EXPO is provided for you to share with your staff.

The annual Diabetes EXPO, hosted by the American Diabetes Association (ADA), will be held on **March 17, 2012, from 10:00 a.m. – 4:00 p.m. at the Los Angeles Convention Center.** The attached flyer provides additional information.

The ADA has limited resources for printing and disseminating communication materials. To assist them in promoting the event to all County staff and their families, please print copies of the attached flyer and display them prominently throughout your workplace, including official County bulletin boards.

Diabetes is a chronic disease that has been increasing in prevalence and is now a worldwide pandemic. This free, one-day EXPO will provide education and information about diabetes prevention and treatment, and how to manage diabetes and its devastating complications with healthy eating and active lifestyles. In addition, the Diabetes EXPO will offer free health screenings, consultations with medical professionals, healthy cooking demonstrations, educational lectures, over 100 exhibitors, and much more.

As a reminder, on-site, hour-long Lunch and Learn seminars are provided by County-sponsored health plans on various health topics, including Diabetes Awareness. If you are interested in hosting a departmental Lunch and Learn on diabetes awareness, please contact Diana Fonseca, Human Resources Analyst, at (213) 738-2236.

If you have any questions, please contact me at (213) 974-2406.

LMG:SKT:MLH
EMC:DZF:sl

Attachment

c: Each Supervisor
Chief Executive Officer
Deputy Chief Executive Officers
Departmental Human Resources Managers
Wellness Managers

G:Contract/Wellness/BoardMotions/2012 Diabetes EXPO

To Enrich Lives Through Effective and Caring Service

Visit the
expo
American
Diabetes
Association®

Learn how to live healthy and be active
and change the future of diabetes.

- ▲ Free health screenings
- ▲ EXPO includes over 100 exhibitors
- ▲ Ask the Experts
- ▲ Cooking demonstrations
- ▲ Speakers
- ▲ Family Fun Zone





Los Angeles
Convention Center
Saturday, March 17, 2012
10:00 a.m. – 4:00 p.m.


FREE
ADMISSION


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<http://www.diabetes.org/laexpo> • 1-888-DIABETES ext 7503

